# HÍNOKI TATAMI

Tatan

- -- HEALTHY & 100% NATURAL TATAMI .
- -- EARTH FRIENDLY TATAMI MAT.
- -- FEEL THE SCENT OF WOOD.
- -- PREVENTING THE GROWTH OF MOLD&MITES.
- "HINOKI " is an indispensable scent for the Japanese Image.

# www.tatamihouse.com







## HINOKI TATAMI

HINOKI TATAMI MAT which is invented as another inner core tatami to replace for WARA DOKO (straw tatami ).

It is made from the famous Tree in Japan (Hinoki cypress), a tree contains more health benefits for human being. It is a human-friendly tatami mat that can be confidently recommended for the realization of a healthy house by conducting various verification tests.

Since it is a tatami mat that **does not** use any harmful substances such as adhesives, it is an earth-friendly tatami mat.

The hinoki tree is not only beautiful to behold —

its power seems to cleanse and purify us in mysterious ways.



#### Hinoki Fragrance's Relaxing Effect

ひのき畳から放たれる木の成分が、イライラを抑え、心の鎮静剤として作用し、 脈拍の乱れの減少や、ストレスホルモンを減少させるなど、 森林浴効果と同様の効果を発揮します。

The wood has a unique fragrance or smell. That fragrance or smell may be strong in fresh wood but becomes gradually more faint when the wood is dried. Hinoki, on the other hand, has a long-lasting fragrance which makes it a popular choice as a construction material. Most people, when they think of "the smell of hinoki," recall a calming scent.

<<森林浴効果>>



Forest bathing and health effects of hinoki tatami mats

It has been found that the phytoncide in hinoki has both a strong antibacterial and stress-releasing effect. As hinoki's fragrance lasts after logging and drying, it boasts many effects such as calming autonomic nerve activity, relaxing, reducing irregular pulse rate, and aiding good sleep.



#### BENEFITS OF HINOKI TATAMI

- Insect repellent effect(antimite and mold and antibacterial properties)
- Humidity control effect of hinoki tatami mats
- Thermal insulation effect
- Forest bathing effect
- Durability of Hinoki tatami mats
- -ひのき畳の防虫効果 ダニ抑制効果 -健康ひのき畳の耐久性

-ひのき畳の湿度調整効果(調湿効果) -健康ひのき畳の森林浴効果 健康効果



- It absorbs moisture when the humidity is high and releases it when it is dry to adjust the humidity of the room comfortably.
- Since hinoki cypress chips are the main raw material for healthy cypress tatami mats, the moisture absorption and desorption performance is much higher than that of straw tatami mats and building material tatami mats, and the room is always kept comfortable.
- Healthy cypress tatami mats are also excellent as building materials for floors.

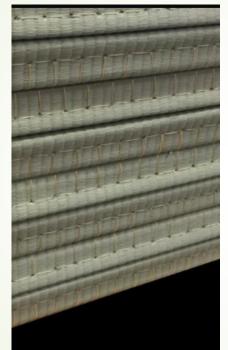
#### -ひのき畳の断熱効果









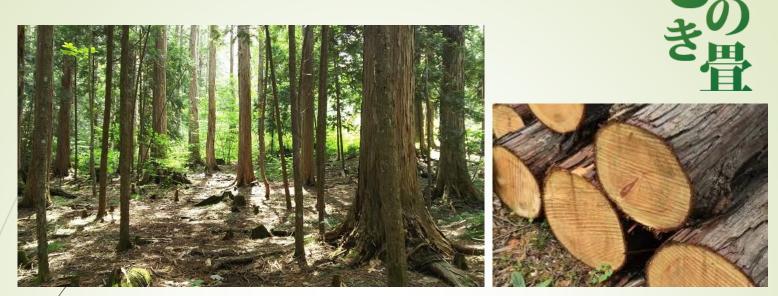




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#### **HINOKI CYPRESS TATAMI**

### **TATAMI HOUSE**

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